



West Virginia Board of Examiners in Counseling

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LPC CE Focus Areas

- A **Human Growth and Development** – includes nature and needs of individuals at all developmental levels following psychological, sociological, and physiological approaches. Also includes human behavior (normal and abnormal), personality theory, learning theory, dynamics of stress, and medical/functional implications of disability.
- B **Social and Cultural Foundations** – includes studies of social change, ethnic groups, subcultures, mores, urban and rural societies, population patterns, use of leisure time, work, and differing life patterns.
- C **Group Dynamics** – includes theories, practices, methods, dynamics, facilitative skills, and supervised practice.
- D **Life-style and Career Development** – includes vocational-choice theory, relationship between career choice and life-style, occupational and educational information, career decision-making processes, career development exploration, and placement techniques.
- E **Individual Appraisal** - includes individual differences, methods of data gathering and interpretation, individual and group testing, and case study.
- F **Research and Evaluation** – includes statistics, research design, research proposals, and evaluation.
- G **Professional Responsibilities** – includes goals and objectives of counseling organizations, codes of ethics, legal considerations, standards of preparation, certification and licensing, advocacy, confidentiality, and the role identity of counselors.
- H **Community Resources** – includes development and implementation of community resource references and materials for client referral.
- I **Supervision**- includes the theory and practice of supervision with experiential components.
- J **Counseling Theories** – includes a study of basic theories and principles of counseling and philosophic bases of the helping relationship.
- K **Counseling Techniques** – includes individual counseling practices, methods, facilitative skills, and application of these skills.