

## Instructions for Completing the MFT Quarterly Supervision Log Sheet

1. Use the Excel quarterly report on our website.
2. Print the name of the supervisee and the supervisor on the form.
3. Circle the quarter for which you are submitting the hours.
4. Use an additional sheet to document the types of activities logged under **therapy related** and **case management**. Under the **consultation** category, log what type of consultation and with what type of person, i.e., professional, parent, etc.  
Attach this sheet with each quarterly log.
5. Signatures of the supervisee and supervisor are required.
6. **Reports are to be mailed within 15 days of the end of each quarter to the WVBECC office.**

Individual Therapy: Providing face to face therapy to individuals.

Group Therapy: Providing face to face therapy to a group of individuals.

Family and Couples Therapy: Providing face to face therapy to a couples/family.

Consultation: Providing or seeking professional advice regarding clients.

Therapy Related: Direct therapy work not covered in any other category. Please use additional paper to detail these hours.

Screening/Assessment: Hours administering, scoring, or conducting psychological tests, interviews, mental status examinations, etc.

Intake/Diagnostic: Time spent researching diagnostic materials; intake reports, discharge reports, etc.

Crisis Intervention: Time spent handling crisis.

Case Mgt.: Time spent writing letters and notes; telephoning and/or meeting with others to schedule; corresponding with others about clients via mail, fax, and/or email; completing insurance forms and writing letters to insurance companies; etc.

ALPS Supervision: The number of hours spent in individual supervision with an approved Licensed Professional Supervisor. The minimum requirement is 20/1. **For every twenty hours (20) spent in therapy and therapy related activities, one (1) hour is to be spent in supervision with your ALPS.**

Total Hours Across the bottom of the form: These totals are for each week.

Total Hours down the right side: These totals are for the category.

Grand Total for the Quarter: The box on the bottom right corner will contain the total number of hours for the quarter.